



Mediation Skills Training Quotes 2006-2010

Annotated replies to the delegates' exit questionnaire:

AM (Company Director), Sussex – *More than fulfilled my expectations. Probably the best course I have attended, that will affect me both professionally and privately.* (2006)

DJB (Human Resources), Essex – *Thank you for an enlightening and worthwhile week. The group worked so well together and Chris & Annie facilitated the learning extremely competently with humour and belief* (2009)

MC (Senior Manager), Sussex – *Stimulating, stretching, brought greater self awareness, enjoyable, applicable as much as possible to each delegates needs* (2006)

NH (Estate Agent), Shropshire - *I felt the course was delivered brilliantly and I know that it will truly have the most extraordinary long term-positive and constructive effect on my life. I am full of admiration for Chris and Micha as they make the most wonderful and powerful team. As I have said above the course will truly have the most extraordinary long term- positive and constructive effect on my life* (2010)

JS (Occupational Therapist (Hampshire) – *Fantastic: really useful to transfer into work place and will strongly recommend to others* (2007)

AV (psychologist), Sweden - *This course is amazing. Ups and downs inside... because I really felt in a real learning process! Thanks!* (2010)

MS (homemaker/mother), Wiltshire - *I loved the informality of the group within the formality of the training. Teaching style is really reassuring whilst people can face personal challenges. Very safe* (2010)

JB (Trainer and Senior Nurse), Sussex – *The course exceeded my expectations and the skills learned will be invaluable both in my professional and personal life. Very supportive facilitators - you made it all seem so simple. I have learned a huge amount this week in a great learning environment* (2009)

Quotes from Delegates



LD (Counsellor), Sussex – *Great Coaching Style. I know that I'll be referring to the delegates' pack regularly – really helpful. Have thoroughly enjoyed honing my communication skills and learning new ones. Fab group* (2009)

DD (Citizen's Advice Manager), Sussex – *One of the best courses I have been on (and I've been on a few!)* (2006)

SM (Health Trainer), Sussex – *Not a moment to get bored & drift. Loved the delivery and the trainers' interaction: very positive, able and confident...* (2010)

HME (Trainee Teacher), Sussex – *I've done lots of training courses and you kept the pace up: plenty of space and time for reflection but real substance to the content – really superbly run & managed. I particularly enjoyed the intellectual depth of the course content and the range/variety of inputs and models Bravo and thank-you!* (2009)

DP (Anglican Canon), West Midlands – *Just right in length for busy week. Good tone – moments of fun. Peaceworks experience comes through well in this course* (2010)

EHL (HR Manager), Essex – *A big thank you for such a great course. I thoroughly enjoyed the experience although I must admit my brains were fried by the time I got home on Friday. I have already used my skills at work in a very difficult meeting...* (2009)

CA (Police Officer), Sussex – *I have had a great week – thought provoking, stimulating, invigorating! My skills have increased as has my confidence in managing conflict - thank you!* (2007)

LH (Palliative Nurse and Trainer), Sussex – *The course content and facilitation were excellent. I cannot think how things could be done differently: I loved the balance of theory and practice and revisiting elements to increase understanding – the skills of the facilitators was paramount to the success of the week* (2009)

BJRP (Schools Worker), Brighton & Hove – *Everything was explained with clarity and I found the course very helpful. I do not feel the course needs improvement – I found it enjoyable and interesting and very relevant* (2009)

Quotes from Delegates



MD (Schools Trainer), Sussex – *An illuminating journey to self awareness and how ones behaviour affects others. Easy and approachable style of Trainers* (2006)

AS (Financial Advisor), Surrey – *The course gave me excellent accessible models for use in my normal work and I hope to be able to progress to a mediator in time* (2010)

SP (Primary School Head Teacher), Sussex – *Course really well managed – thank you!* (2007)

DN (Youth and Community Worker), Isle of Wight – *fun, interesting, challenging, insightful. Inter-woven with the passing on of information I felt there was a great amount of affirmation for all the trainees. I had great confidence in the trainer's insight & knowledge base.* (2006)

RH (Community Worker), South Africa – *Excellent and amazing!* (2010)

PK (Diplomat), Worcestershire – *I have learnt so many skills I never knew I possessed. Thank you, Chris & Micha for all your hard work. It has given me the confidence to volunteer and the desire to eventually work as a mediator* (2010)

SB (Musician), Sussex - *Very well run; leaders very approachable* (2010)

PM (Anti-bullying Caseworker), Sussex – *I found the course extremely invigorating – because it really stimulated me and I felt I had learned so much. I really liked the trainers' style and felt they were very approachable and supportive, and sensitive about intervening when necessary.* (2006)

Contact us for details of our next courses:

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